

# Helping students choose right path

STUDENTS from three Penrith area schools now have a better idea about their future careers after taking part in the Schools Industry Partnership's Job Advice and Mentoring (JAM) 4 Students program.

The program, piloted at Cranebrook, Glenmore Park and Springwood High Schools this term, saw students learn about their possible careers from career mentors – people with career experience and industry knowledge.

Glenmore Park High student Andrew Montgomery, 14, said it was good having someone with experience in different areas and to be able to ask questions.

"I had no idea what I was going to do when I left school," he said.

"We started off with a psychology perspective and branched off into what I want to do.

"Now I have a plan in my head to follow through. I looked at what I enjoy and what I am good at, and cut it down to a couple of things I felt I wanted to do, and journalism was at the top of the list."

His mentor, Michelle Everingham, a life coach



**Andrew Montgomery and his mentor Michelle Everingham were involved in the JAM 4 Students program at Glenmore Park High.**

said she enjoyed being involved in the program.

She said a major focus of the program was to work with the students to establish goals and action plans for the future.

"It would have been nice if I had something at that age," she said. "I told them to not be afraid if you have this many ideas, just explore and work out areas of interest

"I really loved to be able to have an opportunity to work with kids and help them explore and learn not to be limited."

The Schools Industry Partnership is hoping to run the JAM 4 Students program again next year.

For details or to get involved, call Ian Palmer on 4725 0300 or email him at [ian@schoolsindustry.com.au](mailto:ian@schoolsindustry.com.au)